# Johnson County Counseling Center Children and Youth Services



# **C&Y Outpatient Services**

Master's level therapist and support staff provide services to children, youth, and their families who present with a variety of problems and concerns. The Johnson County C&Y team is specifically trained in diagnosis and treating Children and Youth. The therapist works with the family to find solutions in individual and family sessions. The C&Y team also coordinates with other professionals like teachers, juvenile court staff, and the family physician.

## Tennessee Health Links (THL)

THL is a home/community based service. Care managers assist children and youth with a history of emotional/ behavioral concerns by assessing needs of the family and identifying resources and family interventions. Care managers are able to meet with their clients in different community settings including in schools, in their homes or their after school programs. Care managers facilitate treatment teams, link clients with appropriate services, assess progress and advocate for the needs of the clients. Care managers also assist in managing crisis situations.

24 hr Crisis Hotline (877) 928-9062 or 988



#### Intensive In-Home Services

#### **Continuous Treatment Team (CTT)**

Continuous Treatment Team is an intensive therapeutic in-home program offering both therapy and case management services. It is designed for families whose children are at-risk of hospitalization, out-of-home placement, or are being transitioned back into the home from placement. CTT serves consumers in the eight Tennessee counties served by Frontier Health. CTT Case managers are available 24 hours a day to manage crisis situations.

### **Psychiatric Services**

Johnson County Counseling Center C&Y has a psychiatric nurse practitioner who specializes in treating children and adolescents. The nurse practitioner provides psychiatric evaluations, prescribes and monitors medications, and consults with the treatment team of therapists and care managers.

#### School-Based Services

A School Based Behavioral Health Liaison is located at Johnson County High School and Middle school. The liaison are able to provide therapeutic services in the school setting and connect students to outpatient clinical services. The school based liaison also attends meetings with school counselors and consults with counselors, school administration, and teachers.

# Johnson County Counseling Center

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