# Hancock County Mental Health Clinic



#### **Adult Services**

Frontier Health Strives to meet the needs of each individual; we understand that circumstances and life changes have different challenges.

- Therapy Services: Therapy services involve therapists assisting individuals with a variety of behavioral problems to include depression, anxiety, mood and thought disorders and substance abuse issues. This can be through individual, group or family therapy.
- **Psychiatric Services:** Psychiatrists and Nurse Practitioners are available to provide medication evaluation and monitoring for those who need medication as part of their treatment plan.
- Care Management: Care managers help link the individual with resources to support their mental health and medical needs and goals. This is often completed in the community or in the home.
- Community Based Services: Based on need, some individuals may access other community-based services such as vocational services, housing referrals, and psychosocial rehabilitation.
- Specialized Substance Abuse Services: Trained substance abuse professionals assist individuals in addressing abuse and addiction issues.

Frontier Health accepts most private insurances, EAPs, and TennCare. Frontier Health also offers a variety of grants for those who might be eligible.



#### **Service Listing - Adult Services**

- Individual Therapy
- Couples/Family Therapy
- Alcohol and Drug Evaluations
- Mental Health Evaluations
- Relapse Prevention Group
- Intensive Outpatient Group for Substance Abuse and Co-Occurring Disorders
- Substance Abuse Counseling
- Psychiatric Medication Services
- Criminal Justice/Mental Health Liaison
- Peer Support
- Adult Case Management
- Other Community Based Services



### Hancock County Mental Health Clinic

333 Campbell Drive Sneedville, TN 37869

**Tel:** 423-733-2216 • **Fax:** 423-733-2450

## 24 hr Crisis Hotline (877) 928-9062 or 988

This division receives funding from the Tennessee Department of Mental Health and Substance Abuse Services.

