

Healthy Transitions



Healthy Transitions is a program designed to assist individuals between the ages of 16 to 25 with mental health or co-occurring mental health and substance use disorders in Greene, Sullivan, Hawkins, and Johnson counties. The Healthy Transitions program is designed to provide services and supports to help young people as they transition to becoming an adult.

Our program can provide the guidance, support, and resources many young people need in this journey. The aim of the program is to keep youth and young adults from “falling through the cracks”.

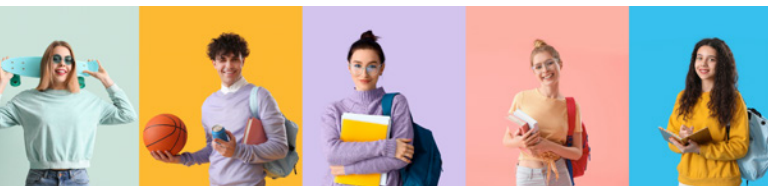


Who Do We Serve?

- Youth/Young Adults Ages 16-25
- Greene, Sullivan, Hawkins, and Johnson Counties
- Mental Health or Co-occurring Disorder
- Needing Extra Support

How Do We Serve?

- Medication Management
- Employment/Education Support
- Peer Support
- Case Management
- Individual Therapy
- Group Services



To learn more,
Scan the QR Code
or visit our website
at the link below!

frontierhealth.org/healthy-transitions/

Find us on Social Media!



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