# **Developmental Services**



Helping people with intellectual and developmental disabilities achieve their full potential.

#### We Offer

Developmental Services offers case management, day support, residential and community engagement services to people who have intellectual and developmental disabilities. The programs offer opportunities for people with intellectual and developmental disabilities to learn and master life skills necessary to achieve independence and to live and/or work in the community of their choice. Skills include achieving personal goals, developing daily living skills, building job skills, improving personal awareness and self-esteem, community access, and practicing social skills.

Assessments and referrals for the Medicaid Waiver program are provided by the case manager.

# For more information, please contact: Developmental Services

622 Powell Ave. • Big Stone Gap, VA 24219 Tel: 276-523-0682 • Fax: 276-523-0684



## Day Support Programs for Adults

Group Day and Community Engagement Services are provided through the Adult Activity Center Day Support Services. Transportation can be arranged. Referrals are made through Case Management.

Group Day Services provides training for daily living activities including grooming, housekeeping, shopping, cooking and basic self-care skills. Support is offered five days a week individually and in small groups to help each person acquire the skills necessary for community living.

The program also focuses on community-centered activities. Community Engagement bridges the gap for people with developmental disabilities by helping them become active and involved in their communities by participating in volunteer opportunities and community activities such as festivals, sporting events and community gatherings during the week, evenings, and weekends.

### Residential Support

In-Home Residential Support services offers skill building, support, and supervision to people within their own homes to avoid institutional placement. Staff provide instruction in cooking, cleaning, shopping, behavior management, social skills and medication management. Services may be provided seven days a week during the morning and evening hours.

Congregate Residential Support services are also available. These services are provided in a group home setting and offers the same training and supports as identified above. Services are provided 365 days a year.

7 days a week / 24 hr Crisis Services (276) 523-8300

